

# Lesson 4



## Lesson message:

Hello Students! Let's remember that **healthy** relationships help us figure out different situations with individuals and groups. We practice **healthy** relationships by listening, sharing, and working together. We can all do it! We are going to have a great day!

## Daily message



Before beginning, write the Daily Message on chart paper or the board. Invite students to join the circle and sing the welcome song while gathering.



Welcome, welcome, welcome to you. We are beginning. We are so happy to see you!



Read aloud the daily message text to students. As you read aloud, think aloud pointing to words and describing meaning. Show students uppercase letters at the beginning of each sentence and lowercase letters throughout the message.

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## Academic vocabulary



SAY

I am going to read our Daily Message again. When I am reading the Daily Message aloud, I want you to think of any words you hear that you do not know.



DO

Read the Daily Message straight through, this time demonstrating automaticity, appropriate intonation, and expression.



SAY

Think about the words that you noticed that you did not already know.



DO

Ask students to share the words they noticed with a partner and what they might mean. Listen in to their discussions to see if they chose the same word you planned to highlight today.



SAY

Let's explore the unknown words together. What vocabulary words do you notice?



DO

Allow students to share the vocabulary words that are new to them.

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SAY

These are all awesome words to explore! Today, we are going to zoom in on the word **healthy**. Usually we think of the word healthy as being the opposite of sick. Healthy can also mean strong, good, and supportive the way that a healthy relationship is a strong relationship.

## Share time



SAY

We are going to continue to discuss how we show relationship skills in our own lives. Think of an example when you had relationship skills. Can anyone relate their relationship skills back to our vocabulary word, healthy? Why is it important to have healthy relationships?



DO

Give students time to share with a partner. Listen as students share to assess student understanding of SEL: Relationship Skills focus and ability to ask and answer questions and use complete sentences. At the end of the time period, thank the students for sharing and remind them to practice relationship skills.



SAY

Thank you for sharing your wonderful thoughts today. We did it! Remember to practice your relationship skills!

SEL focus card

